


31 DAYS TO BLOOM

1 DECIDE MENTALLY TO BE "ALL IN"	2 LOVE WHO YOU ARE RIGHT NOW	3 CHANGE YOUR QUESTIONS	4 GET YOUR BODY MOVING	5 FIND YOUR WHY	6 TURN YOUR HOUSE INTO A HOME	7 REMEMBER WHAT YOU CAN CONTROL
8 FIND A NEW HOBBY	9 WRITE DOWN 30 THINGS YOU ARE THANKFUL FOR	10 PLAY TOURIST IN YOUR OWN CITY	11 BE A POSITIVE THINKER	12 GO OUTSIDE AND EXPLORE	13 BE GRATEFUL	14 DO SOMETHING FOR SOMEONE ELSE
15 STAY IN THE NOW	16 BE PRODUCTIVE	17 MAKE A NEW FRIEND OR NOURISH THE FRIENDSHIPS YOU HAVE	18 STOP COMPLAINING	19 BE FLEXIBLE	20 START AND END YOUR DAY WITH A PRAYER	21 CREATE A JOURNAL
22 THROW OUT COMPLIMENTS	23 KEEP IMPROVING	24 LOOK AROUND YOU	25 KEEP DREAMING	26 WORK HARD	27 GET RID OF "WHAT IF'S"	28 BE BRAVE
29 SHOW OFF YOUR SMILE	30 DON'T QUIT	31 FIND THE BEST IN EVERY DAY				

BLOOM WHERE YOU ARE PLANTED