

WEEKLY CLEANING PLAN

MORNING TIME

- ☐ Make bed
- ☐ Morning Prayer
- ☐ Brush teeth
- ☐ Exercise
- ☐ Empty Dishwasher
- ☐ Start Laundry
- ☐ Vitamin

EVENING TIME

- ☐ Dishes
- ☐ Wipe Kitchen counters/stove
- ☐ 10 min clutter clean up
- ☐ Quick Sweep
- ☐ Spot Clean the Floor
- ☐ Fold/put away clothes
- ☐ Budget Update
- ☐ Check Yard for Toys

Drink **WATER** (8oz each):

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MONDAY

- ☐ Office/Hallway
- ☐ Laundry Room
- ☐ Monthly To-Do
- ☐ Every 6 month item

TUESDAY

- ☐ Fridge/pantry Clean out
- ☐ Sanitize kitchen sink
counters/chairs/trashcan
- ☐ Clean appliances
- ☐ Sweep/Mop

WEDNESDAY

- ☐ Master Bathroom
- ☐ Kids Bathroom

THURSDAY

- ☐ Change Bed Sheets
- ☐ Master Bedroom
- ☐ Kids Bedroom
- ☐ Vacuum

FRIDAY

- ☐ Dust Living & Family Room
- ☐ Clean glass door
- ☐ Sanitize lightswitches/door handles
- ☐ Outside pruning, sweeping, etc.

SATURDAY

- ☐ Anything not done this week
- ☐ Put away clothes
- ☐ Iron Clothes for Sunday

ONCE A MONTH

- ☐ Wipe baseboards and shutters.
- ☐ Wash walls/vents/doors upstairs
- ☐ Wash walls/vents/doors downstairs
- ☐ Sweep the garage, patio, and walkways.
- ☐ Remove cobwebs- ceiling corners/lights
- ☐ Clean underneath big furniture

EVERY SIX MONTHS

- ☐ Clean the oven
- ☐ Clean dishwasher inside
- ☐ Clean washer/dryer inside
- ☐ Change air filters
- ☐ Dust fans
- ☐ Wash inside/outside windows
- ☐ Garage
- ☐ Vacuum, flip, and rotate mattresses.
- ☐ Wash/Air out pillows.
- ☐ Clean carpets
- ☐ Clean chandeliers
- ☐ Wipe inside kitchen cupboards/drawers
- ☐ Clean Grout
- ☐ Update 72 hour kits
- ☐ Check Food Storage rotation
- ☐ _____